

Nature Noticing Journal

A COLLECTION OF NATURE FIRSTS

There are lots of exciting things you can find if you go on a nature walk in your neighborhood! Follow the instructions on the right to build your own DIY Nature Noticing journal to track the nature "firsts" you discover each season!

Did you know?

The month of March is often when many ducks and geese move through Illinois. What birds are you spotting flying overhead where you live what do you love spotting each year?

INSTRUCTIONS:

1. Print off a copy of this page. It includes both the cover and one page insert.
2. Print as many additional insert pages (found on the second PDF page) as you'd like for your winter journal.
3. Next, cut along each dotted line and then fold the page in half along the solid line. Some trimming may be necessary.
4. Assemble your journal by placing your pages inside the cover. Staple or stitch along the solid line to complete your journal.
5. Begin your outdoor adventure, fill in your journal notes, and use the extra blank interior pages for fun additional sketching and journaling!



Draw a picture of your favorite first:



Nature Noticing Journal

A BOOK OF NATURE FIRSTS

THIS JOURNAL BELONGS TO: _____

Use this space to sketch or attach your discovery:

Date: _____ Place: _____ Time: _____

Use this space to sketch or attach your discovery:

Date: _____ Place: _____ Time: _____

Use this space to sketch or attach your discovery:

Date: _____ Place: _____ Time: _____

Use this space to sketch or attach your discovery:

Date: _____ Place: _____ Time: _____

Use this space to sketch or attach your discovery:

Date: _____ Place: _____ Time: _____

Use this space to sketch or attach your discovery:

Date: _____ Place: _____ Time: _____

Use this space to sketch or attach your discovery:

Date: _____ Place: _____ Time: _____

Use this space to sketch or attach your discovery:

Date: _____ Place: _____ Time: _____