

Autumn Nature Journal

NOTICING THE SEASONAL SHIFT

There are lots of exciting things you can find if you go on a nature walk in your neighborhood! Follow the instructions on the right to build your own DIY autumn nature journal to track your favorite things about the season!

Did you know?

Illinois is home to more than 250 tree species whose autumn leaf colors range from red, purple, orange, yellow, to brown and bronze shades?

What beautiful colors will you discover?

INSTRUCTIONS:

1. Print off a copy of this page. It includes both the cover and one page insert.
2. Print as many additional insert pages (found on the second PDF page) as you'd like for your journal.
3. Next, cut along each dotted line and then fold the page in half along the solid line. Some trimming may be necessary.
4. Assemble your journal by placing your pages inside the cover. Staple or stitch along the solid line to complete your journal.
5. Begin your backyard search, fill in your journal notes, and use the extra blank interior pages for fun additional sketching and journaling!



Draw a picture of your favorite autumn discovery:



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THIS JOURNAL BELONGS TO: _____

Use this space to sketch or attach your discovery:

Use this space to sketch or attach your discovery:

Date: _____ Place: _____ Time: _____

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